# Go Benedict Now

This is my own collection of groups and individuals who provide an example of the faith we need to be living. It is still growing, and definitely has some crossover material with the Benedict Option groups. I have included links about Orthodox Jews, even though they are not Christian, and several articles on living on one income are from secular authors. I hope you are blessed and inspired by the men and women found here.

# **Organized Christian Communities**

#### Monastics

Rule of St. Benedict: <a href="http://www.osb.org/rb/text/toc.html">http://www.osb.org/rb/text/toc.html</a>

Life of St. Benedict written by St. Gregory: http://www.e-benedictine.com/dialogues/

Order of St. Benedict: <a href="http://www.osb.org/">http://www.osb.org/</a>

Rule of St. Frances: <a href="http://www.historyguide.org/ancient/francis.html">http://www.historyguide.org/ancient/francis.html</a>

Franciscans: Order of Friars Minor, <a href="https://ofm.org/about/">https://ofm.org/about/</a>

Life of St. Francis: http://www.newadvent.org/cathen/06221a.htm

Trappists: http://www.trappists.org/

Irish-Scottish Monks converted much of Europe:

http://www.historyofinformation.com/expanded.php?id=205

More on the Hiberno-Scottish Mission: <a href="https://en.wikipedia.org/wiki/Hiberno-Scottish mission">https://en.wikipedia.org/wiki/Hiberno-Scottish mission</a>

Starting on an ISLAND (ironically) the Irish monks ended up converting much of Europe: https://www.iona.edu/about/history-mission/catholic-heritage.aspx

#### Non-Christian:

Leo Tolstoy was quasi-Christian at best, but he did inspire a commune movement: <a href="https://en.wikipedia.org/wiki/Tolstoyan movement">https://en.wikipedia.org/wiki/Tolstoyan movement</a>

An "intentional" farm community in the U.S. bearing Tolstoy's name: <a href="http://www.tolstoyfarms.org/about-us">http://www.tolstoyfarms.org/about-us</a>

### **Anabaptists**

Beachy Amish-Mennonites: <a href="http://www.beachyam.org/">http://www.beachyam.org/</a>

--The Beachy are one of several groups of traditional Amish who returned to the Mennonite fold in the 20<sup>th</sup> century, and use much of the same technology as other Christians

JAPAS material: http://amishamerica.com/journal-of-amish-and-plain-anabaptist-studies/

- --Journal of Amish and Plain Anabaptist Studies, run by Cory Anderson
- --they have a mailing list where you can receive their papers and studies on Anabaptists

Mennonites (Pilgrim Mennonite Conference): http://pilgrimministry.org/

Hutterites: <a href="http://www.hutterites.org/">http://www.hutterites.org/</a>

--Hutterites are communal Anabaptists, about 2/3 in Canada and 1/3 in U.S.

Hutterite Livelihood: <a href="http://www.hutterites.org/day-to-day/livelihood/">http://www.hutterites.org/day-to-day/livelihood/</a>

Bruderhof: <a href="http://www.bruderhof.com/">http://www.bruderhof.com/</a>

--They are an Anabaptist-inspired group founded in 1920 by Eberhard Arnold. They seem heavily social gospel in outlook.

Bruderhof businesses: <a href="http://www.bruderhof.com/en/life-in-community/working-together">http://www.bruderhof.com/en/life-in-community/working-together</a>

--They make equipment for the disabled, classroom equipment and signs.

#### Other

Prophet Rooms: http://prophetrooms.com/

--This group seeks to provide housing for ministers who may not be able to afford it otherwise.

Catholic Town: http://www.catholicstand.com/ave-maria-florida/

--Ave Maria, Florida was founded by prominent Catholic Tom Monaghan to be a distinctly Catholic area. I do not know exactly how religious it is, though.

# Organized non-Christian Communities

#### Orthodox Jewish

An overview of Orthodox Jewish communities: <a href="http://www.orthodox-jews.com/jewish-culture.html#axzz4jdFZLux5">http://www.orthodox-jews.com/jewish-culture.html#axzz4jdFZLux5</a>

Traditional Jews live close to their place of worship: <a href="http://www.newsday.com/classifieds/real-estate/walk-to-worship-orthodox-jews-must-live-near-synagogues-1.9339095">http://www.newsday.com/classifieds/real-estate/walk-to-worship-orthodox-jews-must-live-near-synagogues-1.9339095</a>

Book on orthodox life -- Practical Judaism by Rabbi Lau: <a href="http://sygmabeaute.com/download-pdf/71009-practical-judaism.html">http://sygmabeaute.com/download-pdf/71009-practical-judaism.html</a>

Day in the Life of a traditional Jew:

http://www.chabad.org/parshah/article cdo/aid/2655/jewish/A-Day-in-the-Life-of-a-Jew.htm

Chabad organization: http://www.chabad.org/

--This branch of Orthodox Judaism runs houses of worship, study and living across the globe and brings many Jews into the traditional lifestyle and community.

Jewish home:

Orthodox Jews run their own ambulance system: <a href="http://articles.chicagotribune.com/2014-07-13/news/ct-jewish-ambulance-20140713">http://articles.chicagotribune.com/2014-07-13/news/ct-jewish-ambulance-20140713</a> 1 ambulance-service-community-members-skokie

# Christian Businesses, Institutions and Reform Groups

### Legal:

Becket for Religious Liberty: <a href="http://www.becketlaw.org/">http://www.becketlaw.org/</a>

Alliance Defending Freedom: <a href="http://www.adflegal.org/issues/religious-freedom">http://www.adflegal.org/issues/religious-freedom</a>

National Center for Life and Liberty: <a href="http://www.ncll.org/">http://www.ncll.org/</a>

#### **Pharmacists:**

Pharmacists for Life: <a href="http://www.pfli.org/">http://www.pfli.org/</a>

Pro-Life Pharmacists Stand Up for Their Beliefs: <a href="http://www.ncregister.com/site/article/pro-">http://www.ncregister.com/site/article/pro-</a>

<u>life-pharmacists-stand-up-for-their-beliefs</u>

### **Doctors:**

Pro-life Physicians Directory: <a href="http://prolifephysicians.org/app/?page\_id=363">http://prolifephysicians.org/app/?page\_id=363</a>

Find a Pro-Life Doctor: <a href="http://www.priestsforlife.org/doctors/">http://www.priestsforlife.org/doctors/</a>

### **Hospitals:**

Religious Directives for Catholic Hospitals: <a href="http://www.usccb.org/issues-and-action/human-life-and-dignity/health-care/upload/Ethical-Religious-Directives-Catholic-Health-Care-Services-fifth-edition-2009.pdf">http://www.usccb.org/issues-and-action/human-life-and-dignity/health-care/upload/Ethical-Religious-Directives-Catholic-Health-Care-Services-fifth-edition-2009.pdf</a>

### **Medical Sharing:**

Medi-share: https://mychristiancare.org/medi-share/

Christian Healthcare Ministries: <a href="http://www.chministries.org/">http://www.chministries.org/</a>

--I use Medi-share and have personally asked both of these groups if they pay for contraception, abortions or euthanasia. They both say no. Reason enough to use them, I'd say.

Christian Healthcare Center: <a href="https://christianhealthcare.org/about-us/">https://christianhealthcare.org/about-us/</a>

Liberty HealthShare: <a href="https://www.libertyhealthshare.org/">https://www.libertyhealthshare.org/</a>

--This is a Mennonite health sharing group

CMF CURO: <a href="http://cmfcuro.com/web/">http://cmfcuro.com/web/</a>

- --This is a new Catholic health sharing alternative that supports the culture of life.
- --All Catholic ArchDiocese' insurance also supports the culture of life, but they are under attack by the U.S. government for doing so.

A news article on Amish health care: <a href="http://www.nbcnews.com/health/u-s-struggles-health-reform-amish-go-their-own-way-8C11345954">http://www.nbcnews.com/health/u-s-struggles-health-reform-amish-go-their-own-way-8C11345954</a>

--Amish, both old order and more modern branches generally practice health care sharing, as do many Mennonites. Their own administrators negotiate a price in cash to pay to hospitals, which is often very reasonable, though it gets renegotiated sometimes. Typically the health share pays for 80% and the sick community member pays the other 20% if possible. From what I have heard, the monthly payment isn't bad compared to big insurance companies.

### **Credit Unions:**

My Christian Credit Union: <a href="https://www.mycccu.com/">https://www.mycccu.com/</a>

America's Christian Credit Union: <a href="https://www.americaschristiancu.com/">https://www.americaschristiancu.com/</a>

--Our family uses both of these. I moved to them because the secular banks openly promote sodomy. The Christian credit unions do not, but they DO support missions.

# Historical Liturgy/Hymns

Minstrel Craft: <a href="http://www.music-folk-play-hymns.com/">http://www.music-folk-play-hymns.com/</a>

Morgantown Open Mic: <a href="http://openmic.rolandzimmermanfamily.org/">http://openmic.rolandzimmermanfamily.org/</a>

### Ancient Hymns:

Hymns of the First Three Centuries: <a href="http://www.ccel.org/ccel/messenger/earlyhymns.c6.html">http://www.ccel.org/ccel/messenger/earlyhymns.c6.html</a>

Oldest Known Christian Hymn: <a href="https://earlychurchhistory.org/arts/oldest-known-christian-hymn/">https://earlychurchhistory.org/arts/oldest-known-christian-hymn/</a>

Hymns in Harmony:

Youtube Series on Singing in Harmony:

https://www.youtube.com/user/learntosinghymns/videos

Sing in Harmony Website: <a href="http://calebhugo.com/how-to-sing-harmony/">http://calebhugo.com/how-to-sing-harmony/</a>

This neat website allows you to hear the parts in harmony, and push a button to eliminate the voices you don't want to hear.

Chant:

Self-Study from Orthodox Church of America: <a href="https://oca.org/liturgics/learning-the-tones">https://oca.org/liturgics/learning-the-tones</a>

Learn Plain Chant from Carpatho-Russian style:

http://www.acrod.org/multimedia/audio/learntochant

Learn Gregorian Chant (looks like this starts with the basics):

http://www.ccwatershed.org/Gregorian/

### Confessions of Faith

Catechism: <a href="http://ccc.usccb.org/flipbooks/catechism/index.html">http://ccc.usccb.org/flipbooks/catechism/index.html</a>

Westminster Confession: <a href="http://www.reformed.org/documents/wcf">http://www.reformed.org/documents/wcf</a> with proofs/

London Baptist: http://www.1689.com/confession.html

Pilgrim Mennonite Doctrines: https://pilgrimministry.s3.amazonaws.com/Pilgrim-Decrees-

2015.pdf

Mennonite Confessions:

http://anabaptistmennonites.net/index htm files/MennoniteConfessionofFaith.pdf

Bruderhof Foundations of our Faith and Calling:

http://www.bruderhof.com/ Utilities/Bruderhof/foundations/index.html

Bible Catholics: http://www.biblecatholics.com/Statement%20of%20Faith.htm

--This is a Reformed fellowship's confession, which unlike most Protestants accepts the reality of Jesus' body and blood in Communion

# <u>Home</u>

#### **Homemaker Websites:**

The Transformed Wife: www.thetransformedwife.com

Raising Homemaker: <a href="http://raisinghomemakers.com/">http://raisinghomemakers.com/</a>

From Mom of 9'd Place: http://www.momof9splace.com/homemaker.html

### Living on One income:

6 Tips for Living on 1 Income: <a href="https://www.parents.com/parenting/work/stay-home/6-tips-for-living-on-one-income/">https://www.parents.com/parenting/work/stay-home/6-tips-for-living-on-one-income/</a>

Become a One-Income Family: <a href="http://moneysavingmom.com/2013/05/how-we-prepared-to-become-a-one-income-family.html">http://moneysavingmom.com/2013/05/how-we-prepared-to-become-a-one-income-family.html</a>

How Can a Family Survive on One Income: <a href="http://frugal-living.yoexpert.com/frugal-family/how-can-a-family-survive-on-one-income-1494.html">http://frugal-living.yoexpert.com/frugal-family/how-can-a-family-survive-on-one-income-1494.html</a>

# **Homeschool Websites**:

One state's homeschool network: <a href="http://chaponline.com/our-history/">http://chaponline.com/our-history/</a>

Abeka homeschool material: <a href="http://www.abeka.com/HomeSchool/">http://www.abeka.com/HomeSchool/</a>

# **Education:**

The Exodus Mandate on leaving the secular schools: <a href="https://exodusmandate.org/">https://exodusmandate.org/</a>

Movie IndoctriNation: <a href="https://www.youtube.com/watch?v=4or2qdyxsSA">https://www.youtube.com/watch?v=4or2qdyxsSA</a>

# **Restoring Marriage:**

Studies and testimonies on the Permanence of Marriage: <a href="http://cadz.net/">http://cadz.net/</a>

Letter to Pastor: <a href="http://www.marriagedivorce.com/lettertothepastor.pdf">http://www.marriagedivorce.com/lettertothepastor.pdf</a>

God Hates Divorce: <a href="http://www.holinessofthebride.com/wp-content/uploads/2014/03/Why-">http://www.holinessofthebride.com/wp-content/uploads/2014/03/Why-</a>

God-hates-divorce-ES-Williams.pdf

Except for Fornication by Daniel Jennings:

http://www.danielrjennings.org/except for fornication version 1.pdf

Contra Mundum Swagger by Jack Shannon: https://www.amazon.com/Contra-Mundum-

<u>Swagger-Following-Divorce/dp/0692838961</u> And the book trailer:

https://www.youtube.com/watch?v= qvgMfoZScE

# **Plain Living**

Modesty websites:

Katie's Mercantile: <a href="http://www.katiesmercantile.com/index.html">http://www.katiesmercantile.com/index.html</a>

Modest Clothing Directory: http://www.modestclothes.com/

Hanah Lise: http://www.hannahlise.com/

Modesty from Muslim World: <a href="https://shukronline.com/">https://shukronline.com/</a>

*Teaching on the subject:* 

Scott T Brown on Modesty:

https://www.sermonaudio.com/saplayer/playpopup.asp?SID=428112016278

On Amish Plain Dress: <a href="http://amishamerica.com/why-do-the-amish-wear-plain-clothing/">http://amishamerica.com/why-do-the-amish-wear-plain-clothing/</a>

An Orthodox Jewish explanation: <a href="https://www.youtube.com/watch?v=9Cdw9f2Ck9s">https://www.youtube.com/watch?v=9Cdw9f2Ck9s</a>

Early Christian Fathers:

http://unsettledchristianity.com/the-church-fathers-on-modesty/